



MIAMI COUNTY PARK DISTRICT'S 2019 TRAIL RUN CHALLENGE

5 K R A C E S E R I E S

It doesn't matter
if you walk or run,
follow the trail to
better health 

GENERAL RACE INFORMATION

- Day of registration & check-in begins at 8 a.m.
- All races are 5K and start at 9 a.m.
- Basic health screens are offered at every race
- No Refunds. Only one rain date scheduled. Any other canceled race will not be made up
- Prizes awarded for overall top three males & females (also the top three males & females in each age group)

REGISTRATION FEES:

REGISTRATION	Individual	Team*	Student
Early (with t-shirt)*	\$20	\$15	\$15
Early (no t-shirt)	\$15	\$10	\$10
Late & Day Of (no t-shirt)	\$25	\$20	\$15
Series (7 shirts included)*	\$75	\$75	\$75

* Deadlines for early registration are listed with race locations & dates

* Must be on a team of 10 or more to qualify for discount

* Includes 5 individual race shirts & 1 series shirt - register by April 13 (must participate in all 5 races to receive series shirt)

LOCATION	DATE	EARLY REGISTER BY
Hobart Urban Nature Preserve	April 24	April 13
Garbry Big Woods Reserve	June 12	June 1
Lost Creek Reserve	July 17	July 6
Stillwater Prairie Reserve	August 14	August 3
Charleston Falls Preserve	Sept. 18	Sept. 7
Rain Date	Sept. 25	

HOW TO REGISTER:

ONLINE: AllianceRunning.com

BY MAIL: Make checks payable to Miami County Park District
Miami County Park District
Trail Run Challenge
2645 E St. Rt. 41 Troy, Ohio 45373

MORE INFORMATION:

Contact Jessie Chernetski at 937-335-6273 or send email to jrankinen@miamicountyparks.com.

TEAM CHALLENGE:

The Team Challenge is a great way to for members to get fit together. It can compliment your organization's health and wellness program by providing an opportunity to set and accomplish goals over a five-month period. Remember, the goal is better health, so you don't have to be a runner to participate - walkers are welcome! Details at MiamiCountyParks.com.

NAME: _____ GENDER: F
 M

TEAM NAME: _____

AGE (RACE DAY): _____ PHONE: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

EMAIL ADDRESS: _____

SHIRT SIZE: YL S M
 L XL 2XL

EMERGENCY CONTACT: _____

PHONE: _____

RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series.

Series Garbry Big Woods Stillwater

Charleston Falls Hobart Lost Creek

I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event.

SIGNATURE: _____

(Parent signature if entrant is under 18)